

Calendar

- August 2 7:00pm UNIT MEETING – Training: *Pickoff Techniques* by **Matt Crawford.**

- August 6 8:00am HELICOPTER TRAINING – Salem Airport with ONG 1042nd MEDEVAC Company.

- August 17 7:00pm TRAINING SESSION – *Medical Equipment: Unit Owned and Improvised* by **Matt Crawford.**

- August 20 10:00am FIELD TRAINING – Rock Practice, Steelhead Falls (or not).

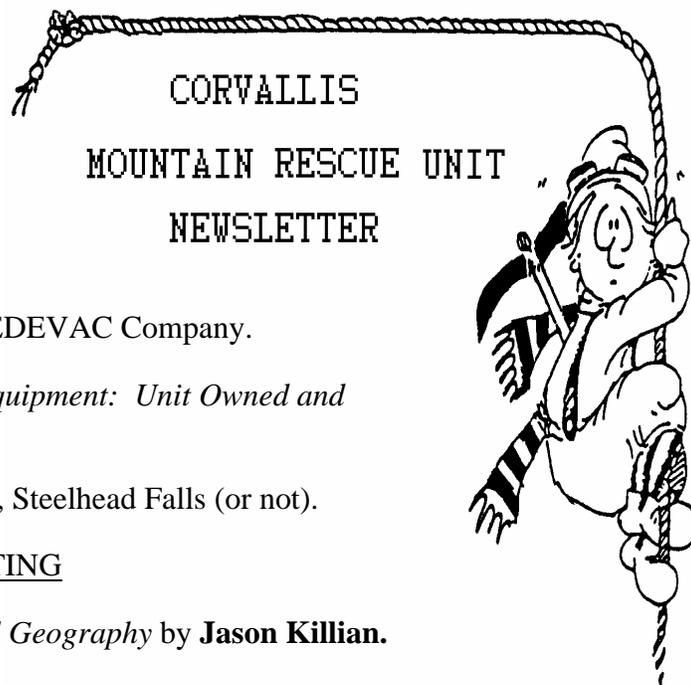
- August 29 7:00pm EXECUTIVE COMMITTEE MEETING

- September 6 7:00pm UNIT MEETING – Training: *Local Geography* by **Jason Killian.**

- September 17 TBA FIELD TRAINING – *Ice Practice*

- September 21 7:00pm TRAINING SESSION – *Environmental Illness* by **Brian Leeper.**

- September 29 7:00pm EXECUTIVE COMMITTEE MEETING



MISSION REPORT 05-04: Injured Climber, Three-Fingered Jack

Member-hours: ~35

At approximately 1530 on Saturday, July, 23rd, Iain, Desiree, and Kate were just leaving the area of *The Crawl* on Three-Fingered Jack after a successful summit when Kate lost her footing and tumbled down the west side of the mountain. Iain immediately called 911 to report the accident and then called Joy Linn (CMRU Intown Coordinator) with the terrible news. He then directed another climbing group to descend and look for Kate.

The Air Life helicopter from Bend lifted four members of Camp Sherman Hasty Team from an improvised helispot in the Hoodoo parking lot to the meadows west of the mountain in three lifts; but it was evident after the first pass that Kate had not survived the fall.

Joy put the Unit on Stand-by at 1603 and later received permission from Linn County to respond. Bob Freund and Nick Pope (PMR) were both in the area and hiked in toward the mountain to meet Desiree and Iain as they made their way back to their vehicles. As Unit members arrived at the PCT trailhead, it appeared Linn County did not require/desire our assistance so members hiked in a short distance to meet Iain and Desiree as they came out to offer what support they could. They arrived at the trailhead at dusk.

Kate was put into a SKED by Camp Sherman Hasty Team members and lowered about 1300 feet down the west scree field to the PCT. From there, she was taken by horse to the trailhead.

IN MEMORIAM – Kate Tinneland 1981 - 2005



Kate was a cheerful person who loved the outdoors. She was a graduate student at OSU in Microbiology having completed her undergraduate studies also at OSU. Although she grew up in Hillsboro, her family moved to the Washington, D.C. area as Kate entered high school; but Kate chose to return to Oregon for college. Much to the chagrin of her U of O alumni parents, she chose Oregon State.

In January 2005, Kate and her close friend and climbing partner, Desiree, came to a Unit meeting. They both completed Benton County’s SAR Certification course and made application to join CMRU. They had just finished the interview process for membership in June.

While descending from a successful summit of Three-Fingered Jack and departing about 100m below *The Crawl* (after the “technical” part of the climb), Kate lost her footing on scree covered ground and tumbled about 700 feet down the west side of the mountain sustaining fatal injuries. A moment of inattention turned a happy outing into a tragedy and changed the lives of all who knew her. We’ll miss your happy face and big smile. It’s a 5.10 mantle into Heaven, and we know you made it, Kate.

MISSION REPORT 05-04: (Addendum)

To further complicate matters for Iain and Desiree on the mountain, about ½ hour after Kate's fall a member of a rather large climbing group slipped while negotiating The Crawl. Although attached to a fixed line, it was by two carabiners (not Prusik). He slid to the bottom of the catenary and was not in contact with the ground while hanging off the east side of the mountain. He sustained injury to his hand and perhaps forearm. Fortunately he was rescued from his situation by his climbing party, and was able to walk out to the trailhead.

MATT'S COULIOR CLEANING AND MOUNTAIN RESTORATION SERVICE

The Sunday following Kate's accident, Matt Crawford went into the mountain and climbed the lower portion of the gully into which Kate fell. He was picking up personal items which had fallen from her pack as she tumbled; but was unable to safely reach the upper part of the gully. A week later, Matt completed the job with the help of 500 feet of line. Thanks for looking after the details, Matt.

JULY FIELD TRAINING – revisited

Imagine a CMRU *training* session in the mountains without rain. It finally happened in July. Five Unit members met at the Big Lake/PCT Trailhead for training oriented around land navigation and familiarization of Mt. Washington. Finding the “staging area” was the first obstacle to be overcome. Once we were all there, the next objective was to become comfortable with the computerized mapping program and print out maps with the waypoints for the day's *exercise*. The route included some “on trail” sections and a bunch of “off trail” travel (known in some parts of the world as “bushwacking”). We got to use maps (fresh from the printer), compasses, wrist watches (to assist in determining distance), altimeters, and GPS units.

The route for this exercise was to circumnavigate Mt. Washington, but not just at low level as we've done in the past. Waypoints included a small lake between the trailhead and the mountain, the peak on the north end of the North Ridge, “The Notch” as well as points on the West Ridge, South Ridge, SE Spur, notch between Mt. Washington and “Unnecessary Mountain” (on the east side) and finally a point in the Cache Creek drainage (NE of the mountain). In short, a whole lot of “Delta ‘eL’” (change in elevation).

We hit the lake (didn't quite “center punch” it but hit the west end) after a 1.25 mile bushwack, and paused for a quick bite to eat (us – not the mosquitoes). Then it was on to the north end of the North Ridge – an interesting approach for those of us who have always taken the “climber's trail.” And then the long “slog” up the North Ridge. At about the 6500ft. level a week's worth of “poor sleep and too much beer” got to the oldest member of the group who elected to “bail” off the west side while the hearty (and more fit) members of the group continued up. Upon reaching the fourth waypoint at “The Notch” it was decided you can play with Navigation Toys any day, but you can only climb the mountain when you are on the mountain – so remaining flexible with the day's training objectives, (and because we carried our gear all the way up) we climbed! Now, unlike last month's attempt, there were no humming ice axes ('cuz we didn't bring any this day) and what few clouds there were stayed well away from the mountain. All four made it to the summit – and a couple made the summit *twice!*

Remember the old guy whose hamstrings and quads began acting up on him? Well, he was laid out on rocks in the talus at the bottom of the west bowl (sunning himself like a lizard) watching the “show” on the mountain through binoc's. When our group summited, he was talking to them on the radio – directing them to a spot above the West Face to check for anchors in case we ever needed to do a lowering from there. (Remember, today we're being flexible with those Training Objectives.)

Just about that time, there was a huge rockfall from somewhere on the West Ridge or Southwest Face and a cloud of dust blew across the top of the West Face. “Spontaneous Rockfall” was the radio call from the summit. Okay, hmmm.

Our group departed the summit and about that time, a single climber was seen topping out on the West Ridge route. As CMRU was waiting its turn to rap' off the route, a second climber topped out of the West Ridge and it appeared he was hoisted onto the back of the first and carried along the summit ridge toward the “usual congregating spot” at the top of the North Ridge. There was another group on the summit and shortly after this “summit piggyback show” – while the “carrier” went back to retrieve his pack -- three members of that group were observed standing in a semi-circle looking at the same point on the ground. **Now it's your call:** *what do you do?*
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JULY FIELD TRAINING (continued)

Knowing its only 10 minutes or less from The Notch to the summit, Iain and Matt were “asked” to “run” back up and see what was happening. Their radio call from the summit: **“Everything’s okay up here!”** Not only was everything OK, but nobody admitted to doing any “piggybacking” or anything else unusual. However, the West Ridgers did admit to doing some major “gardening” on the route. Maybe the old guy’s muscle problems finally reached his brain: can you spell **h a l l u c i n a t i o n**? Well, even though Matt and Iain got to summit twice in the same day, that little side trip cost over an hour as they waited for a very slow group to clear the rappel point before they could safely down-climb.

With the time now approaching 1700, it was time to get off the mountain so the four climbers descended the west bowl to the talus pile. Another objective for the day (being flexible) was to use GPS to chart the “Meadow Climbers Trail.” We turned “track” on in one of the GPS units and bogied for the PCT -- and eventually for the cars. It was a good day of training! The “Meadow Climbers Trail” is now installed on the Unit’s computer in both the Topo! and Terrain Navigator-Pro programs. Participants: Crawford, Johnson, Morris, Tinneland, Freund

Any day you can bag a summit while doing training is a good day.

MEMORIAL SERVICES -- for Kate

On Thursday, following Kate’s accident, there was a memorial service outside Nash Hall on the OSU campus. In addition to her family, OSU students and faculty, as well as members of Benton County’s SAR community, watched as a Korean Dogwood tree (Kate would probably have known the Latin name) was dedicated in her honor. The Oregon Mountain Rescue Council, representing all teams in Oregon, sent a standup spray of flowers to the memorial. Thanks to all Unit members and other SAR team members who attended.

The following Saturday, a week after the accident, Kate’s family held a memorial service at their home in Hillsboro. Over fifty people listened to stories of Kate’s life. Several Unit members attended as well as members of Portland Mountain Rescue