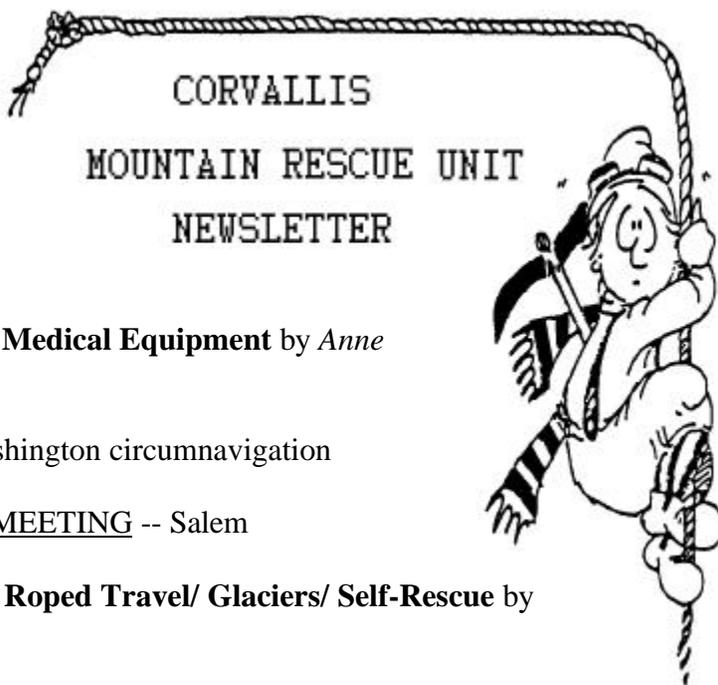


Calendar

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|-----------|----------|---------|---|
| August | 1 | 7:00pm | <u>UNIT MEETING</u> --
Training: Navigation and GPS by <i>Jim Dagata</i> . |
| August | 16 | 7:00pm | <u>TRAINING SESSION</u> -- Unit Medical Equipment by <i>Anne Greenwood</i> . |
| August | 19 | 8:00am | <u>FIELD TRAINING</u> -- Mt. Washington circumnavigation |
| August | 28 | 7:00pm | <u>EXECUTIVE COMMITTEE MEETING</u> -- Salem |
| September | 5 | 7:00pm | <u>UNIT MEETING</u> -- Training: Roped Travel/ Glaciers/ Self-Rescue by <i>Tim O'Brien</i> . |
| September | 16
17 | 10:00am | <u>ICE PRACTICE</u> -- Eliot Glacier, Mt. Hood coordinated by <i>Don Lacer</i> . |
| September | 20 | 7:00pm | <u>TRAINING SESSION</u> -- Base Camp Procedures & Protocols |
| September | 25 | 7:00pm | <u>EXECUTIVE COMMITTEE MEETING</u> -- Corvallis |



MISSION REPORT 00-05: Stand-by -- Missing Youth, North Albany Member-hours: 2

At 0713 on Thursday, July 27, 2000, a page was sent on ALLSAR for all Benton County SAR Units to go on Stand-by for a missing 16 year old autistic male. He had been last seen at 2100 the previous night following an argument with his parents. We was located an hour and half later after having spend the night in an outbuilding on the property of his god-parents. The mission was cancelled at 0843.

JULY FIELD PRACTICE -- yes, they were the pits

July's practice was the introduction to Pit Caves. We traveled to the McKenzie Pits and used GPS as well as compass to navigate from the cars to the caves. Scott Linn rigged lines and we "dropped" cave #5 (an hourglass about 80 feet deep) and cave #2 (a slot which fed through a 1 meter hole in the ceiling of a 40 foot high room). It was truly impressive if you've never been into some of these pits. And a good workout jugging back up the line -- particularly through the 1 meter hole and the slot. Orientation was everything! Scott offers the following:

I understand that some people had trouble at the lip in the hourglass pit (pit #5). There are a number of ways to deal with this type of problem. (When I say ascender, think of whatever you use: jumar, prusik, etc.)

If your ascenders are set up where the upper one goes to your seat harness and the lower goes to your feet, then getting that upper device over a sharp, undercut lip is problematic. When you step on your foot ascender, it pulls the rope taught against the rock so you cannot push your upper device over the lip. One of the best ways is to get one of your feet free (out of the ascending system) near the lip. Then use that knee/foot to push you away from the lip while standing in the other foot loop, and get that upper ascender up over the edge. Another way to deal with the lip is to get up high, then roll your body over so that part of your body is forcing the rope up off of the rock, then move the ascender up over the lip. A third option is to have another ascender handy, put it on the rope up over the lip (while being clipped in to it), and use that to ascend until you are over the lip.

AUGUST FIELD TRAINING -- Mt. Washington circumnavigation

We'll meet at the Pacific Crest Trailhead by Big Lake at 0800 Saturday morning. After getting everyone signed in, we'll break into two teams, distribute equipment (GPS, Maps, Radios) and set out for the PCT/North Ridge Trail junction. From there, one team will travel the 12 waypoint route in a clockwise manner while the other team will do it counterclockwise. Wands will be left at waypoints by each team -- until the teams meet. Then each team will collect wands left by the other team as they continue their respective routes. We'll meet at the PCT/North Ridge junction before returning to the cars. A radio relay will be established on the North Ridge. The entire circumnavigation route is about 8 miles.

OEC REFRESHER --

Those Unit members who are currently certified as Outdoor Emergency Care (OEC) technicians need to attend a refresher annually. The Santiam Pass Ski Patrol will be holding its annual refresher on Saturday, September 30 at the Chemekata Community College *Santiam Campus*. You should have received the Summer issue of *Ski Patroller* magazine which has the outline for this year's OEC refresher. The written portion needs to be completed before you arrive. Plan on arriving at the campus by 0730 to allow time to get signed-in before the classes begin. The campus is located on the NE corner of the interchange at Highway 22 and Golf Club Road about 15 miles east of Salem. If you have any questions about the refresher, contact Anne Greenwood.

The Newsletter is also available at: **<http://cmru.peak.org>**

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